

9. Drink Bottles

The risk of communicable diseases being transmitted by sharing drink bottles is very high.

Players must have their own drink bottle with their name clearly displayed. Team officials are to ensure that players use only their own drink bottle.

10. Upgrading of Players

Players may be used as upgrades under the following conditions:

- a. The use of upgraded players cannot make the total players appearing on the team sheet exceed the total amount of players in that age group.
- b. A suspended player cannot be replaced by an upgraded player.
- c. A player may never play in a team graded in a lower age group and/or division than that to which they are registered.
- d. A player may upgrade for a team in their own age group but a higher division (i.e. 12/2 to 12/1)
- e. A player may upgrade for a team in a higher age group in the same or higher division (i.e. 12/1 to 13/1, 13/4 to 14/3 etc).
- f. A player from the Phoenix League (Female Competition) may upgrade for a team in the BDSFA Competition in their own age group in the same or higher division (i.e. 12G/1 to 12/1, 14G/2 to 14/1 etc).
- g. A player from the Phoenix League (Female Competition) may upgrade for a team in the BDSFA Competition in a higher age group in the same or higher division (i.e. 12G/1 to 13/1, 14G/2 to 14/1 etc).
- h. Players registered in the Under 5 Under 11 age groups may upgrade into any team of their own age or higher age group in accordance with 10i.
- i. Players may only upgrade into age groups a maximum of 3 years above their age as of the 31st December of that playing year.
- j. A player must be older than or turning 16 in the year of competition to play in the Under 21 or All Age competitions.
- k. Players may upgrade from the Under 16's, Under 17's (men), Under 18 (girls) or Under 21's into All Age in accordance with 10 a–g & 10 j.
- I. Players may upgrade from the Under 16's or Under 17's into the Under 21 competitions in accordance with 10 (j)
- m. Masters may upgrade into the All Age competitions as per annex B.
- n. Age relevant All Age players may upgrade into the Masters competition as per annex B.
- o. A maximum of 4 players may upgrade per match in accordance with section 10 m. & n.



11. Player Eligibility

An eligible player is one that meets all registration requirements and is not ineligible for the following reasons:

- a. Unregistered
- b. Suspended
- c. Not being listed on the team sheet
- d. A player who has been expelled from a match but is yet to receive sanction

12. Age Eligibility for 2023 – Annex A

Over 30 Women	Players that have turned 30 before 1st January 2022. For example,
	players must be born in 1992 or earlier.
Over 35	Players that have turned 35 before 1st January 2022. For example,
	players must be born in 1987 or earlier.
Over 45	Players that have turned 45 before 1st January 2022. For example,
	players must be born in 1977 or earlier.
All Age	Players born before 01-01-2008
U21	Players born after 31/12/2001 and before 01-01-2008
U18	Players born on or after 01-01-2005
U17	Players born on or after 01-01-2006
U16	Players born on or after 01-01-2007
U15	Players born on or after 01-01-2008
U14	Players born on or after 01-01-2009
U13	Players born on or after 01-01-20010
U12	Players born on or after 01-01-2011
U11	Players born on or after 01-01-2012
U10	Players born on or after 01-01-2013
U9	Players born on or after 01-01-2014
U8	Players born on or after 01-01-2015
U7	Players born on or after 01-01-2016
U6	Players born on or after 01-01-2017
U5	Players born on or after 01-01-2018



13. Masters Upgrades – Annex B

You can upgrade into this team:	If you are registered into this age/division:
Over 35 Men Division 2 and higher	All Age Men Division 1
Over 35 Men Division 2 and higher	All Age Men Division 2
Over 35 Men Division 3 and higher	All Age Men Division 3
Over 35 Men Division 3 and higher	All Age Men Division 4
Over 35 Men Division 4 and higher	All Age Men Division 5
Over 35 Men Division 5 and higher	All Age Men Division 6
Over 35 Men Division 6 and higher	All Age Men Division 7
All Age Men Division 2 and higher	Over 35 Men Division 1
All Age Men Division 2 and higher	Over 35 Men Division 2
All Age Men Division 4 and higher	Over 35 Men Division 3
All Age Men Division 5 and higher	Over 35 Men Division 4
All Age Men Division 6 and higher	Over 35 Men Division 5
All Age Men Division 7 and higher	Over 35 Men Division 6
Over 30 Women Division 1	All Age Women Division 1
Over 30 Women Division 1	All Age Women Division 2
Over 30 Women Division 2 and higher	All Age Women Division 3
Over 30 Women Division 2 and higher	All Age Women Division 4
All Age Women Division 2 and higher	Over 30 Women Division 1
All Age Women Division 4 and higher	Over 30 Women Division 2